|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Pasta bolognaise with garlic bread or Steak burger, pasta or chips, sweetcorn, salad and coleslaw  Ice cream or fruit    IC W/ CHOC. SAUCE | Grilled bacon or peppered beef with boiled rice, mashed potato or pasta, diced carrots, gravy  Flake meal biscuit or fruit  F’MEAL BICUIT W/FRUIT | Fresh breaded whiting or Chicken pasta bake, mashed or baked potato, pasta, peas, gravy  Jelly or fruit  JELLY W/FRUIT | Roast chicken with stuffing or Macaroni cheese, roast and mashed potatoes, carrot and parsnip, gravy  Chocolate muffin or fruit  MUFFIN CAKE W/CUSTARD | Chicken nuggets, baked or mashed potatoes, pasta, beans, salad, coleslaw CHICKEN PASTA BAKE Yogurt or fruit  RICE PUDDING |  |
| Beef curry with boiled rice or grilled bacon, pasta or chips Mixed vegetables, gravy   Strawberry muffin or fruit  MUFFIN W/CUSTARD | Chicken crumble or fish fingers mashed or baked potato, pasta, baked beans, coleslaw and salad  Frozen yogurt or fruit  FROZEN YOGURT /FRUIT | Irish stew or pizza (plain or pepperoni) pasta or potato wedges, sweetcorn  Shortbread or fruit  SEMOLINA | Boiled gammon or Macaroni cheese, cabbage, carrots, roast and mashed potato, gravy  Jelly or fruit  JELLY / FRUIT | Fresh vegetable soup with Steak burger or filled roll with tuna or chicken  Date Krispy  DATE KRISPY W/CUSTARD |  |
| Shepherd’s pie or cheese and tomato pizza, pasta, chips, sweetcorn   Yogurt or fruit  RICE PUDDING | Chicken curry with boiled rice or grilled sausages, mashed potato or pasta, baked beans, broccoli, gravy  Jelly or fruit  JELLY /FRUIT | Fresh breaded whiting or chicken crumble, baked or mashed potatoes, pasta, peas, salad  Ice cream or fruit  I.C. W/ CHOC.SAUCE | Roast chicken with stuffing or Macaroni cheese, roast and mashed potatoes, carrot and parsnip, gravy  Flake meal biscuit or fruit  J&C. SPONGE W/CUSTARD | Pasta bolognaise with garlic bread or fish fingers, pasta or chips, sweetcorn   Frozen yogurt  FROZEN YOGURT |  |
| Baked lasagne with garlic bread or chicken nuggets, pasta or mashed potatoes, mixed vegetables, gravy  Chocolate muffin or fruit  MUFFIN CAKE W/ CUSTARD | Grilled bacon, peas, cabbage, baked or mashed potato, pasta, gravy  CHICKEN CRUMBLE  Strawberry muffin  SEMOLINA | Chicken Fried rice with curry Sauce or pizza (plain or BBQ chicken) pasta or diced potatoes, baked beans, salad coleslaw  Jelly or fruit  JELLY / FRUIT | Roast loin of pork with apple sauce or Macaroni cheese, roast or mashed potatoes, cauliflower cheese or carrot and parsnip gravy Date Krispy  DATE KRISPY W/ CUSTARD | Fresh vegetable soup with hot dog or filled roll with chicken or cheese   Shortbread or fruit  SHORTBREAD / FRUIT |  |